

Counselling Cell

Policy

Student counseling facility has been established to help the students to solve their specific problems related to academics, personal, psychological etc. So that they are able to achieve academic excellence, develop a holistic and integral development of each individual rooted in justice, faith, knowledge and human values.

Counselling Facility will be headed by Head of Department of Social Work, and a Counselling committee is constituted to support the students to lead healthy life. This team will be assisted by heads of each department, mentors and class tutors. They refer the needy student for professional counselling.

Procedure:

Each new student is encouraged to have an advising session with their mentor allotted by the department heads. The session includes guidance in selecting an appropriate plan of study, reviewing student's progress on the core curriculum, reviewing major eligibility, discussing applicable academic policies, making individualized course recommendations, and providing other appropriate guidance.

The mentor will use information (e.g., high school transcripts, assessment scores and other evaluative data) to assist a student in pursuing a program consistent with the student's educational goals and level of preparation. After the mentoring session if the mentor feels for a requirement for counselling the student is directed to the College counsellor.

- Counselling Cell address all common concerns of students, such as anxiety, stress, fear of failure, to homesickness and other academic troubles.
- Counselling cell involve students, teachers and parents, and should be target oriented and interactive.
- Counselling cell bridge communicative and formal gaps between the students and the institution.
- Counselling cell use services of a trained psychologist as and when required
- Counsellors collaborate with hostel wardens in order to get information on students regarding their personal details, behaviour patterns and academic records, for prompt preventative of corrective action.

Entitlement to counselling

Counselling services cover all undergraduates and post graduate students along with the family. And it is offered on request of the students to the class tutor, or else if any of the faculty assumes a need for reference to a professional counselling.

Counselling Service is offered on all working days in the counselling room.

Confidentiality

Counselling cell offers the highest possible levels of confidentiality in order to respect the students privacy and create the trust necessary for counselling. Counselling sessions are confidential to students. However in exceptional circumstances the counsellor may take the decision to break the confidentiality, if necessary,

There is a risk of student seriously harming themselves or being harmed

There is a risk of another person being harmed

There is a risk of a serious crime being committed.

Record Keeping

Counselling cell of Santhigiri will keep record of the details of each student counselled. Summary of each sessions is recorded for future reference. Access to counselling Cell is restricted.

Records will be destroyed after the completion of their course. It will be disposed safely and securely.