

	<p>SANTHIGIRI COLLEGE, VAZHITHALA</p> <p>NATIONAL SERVICE SCHEME (Unit No. 97)</p> <p>Activity Report 2019-2020</p>
<p>Name of Cell</p>	<p>National Service Scheme</p>
<p>Objectives:</p>	<p>The main objectives of National Service Scheme (NSS) are :</p> <ul style="list-style-type: none"> i. To understand the community in which the students live ii. To understand themselves in relation to their community iii. To identify the needs and problems of the community and involve them in problem-solving iv. Develop among themselves a sense of Social and Civic Responsibility v. Utilise their knowledge in finding Practical Solutions to individual and community problems vi. Develop competence required for group-living and sharing of responsibilities vii. To gain skills in mobilising community participation viii. To acquire leadership qualities and democratic attitudes ix. Develop capacity to meet emergencies and natural disasters and x. Practise National Integration and Social Harmony
<p>Planning Document:</p>	<p style="text-align: center;">MAJOR EVENTS</p> <p>1. Seven days Special Camp – The Annual Camp of our NSS unit will be conducted from 07 to 13 September 2019. 100 volunteers will be participating in the camp. The activities such as House Construction, Cleaning programmes, Awareness Campaigns and Surveys will be conducted during the camp. Along with this, different sessions by the resource persons and cultural programmes also will be conducted during the special camp.</p> <p>2. Intercollegiate Camp - A Three Days Intercollegiate NSS Camp will be conducted in the month of January 2020 with the theme of ‘Personality Development & Career Guidance’. The participation will be invited from other collages of M.G. University.</p>

3. Santhidooth House Construction Programme – As part of the ‘Santhidooth Mission’ undertaken by the NSS unit of Santhigiri College, a house is being constructed for Mrs. Saly Joseph at Vallikkettu, near Purapuzha. The volunteers will be participating in the remaining works of the house and the housewarming will be conducted in July 2019.

4. Campus – Community Interaction & Village Adoption Programme

As part of the Campus – Community Interaction and Village Adoption Programme of NSS Unit, we have planned to conduct the following activities in the nearby village (with the support of various Departments and Cells of our college),

- **Rain Harvesting Programme** – To utilize the biggest source of water in land, it is important to dig large number of *mazhakuzhis* in our villages. Our volunteers will do this work in the adopted village.

5. Connecting Santhigiri to the Nature

- **Bio – Diversity Park** – We plan to make a Bio –diversity Park in the campus in association with Department of Social work
- Along with the activities to support the Environmental Protection within the campus, our NSS unit is planning to organize various programmes such as Forest walk and Study the Ecological Diversity in the nearby places (such as Kottamala) etc.. to enhance the environmental awareness of the students.

6. Orientation for the Newcomers

An Orientation Programme will be conducted for all the First Year Degree students on 23rd July 2019. This programme aims to make them familiar with the Mission & Vision of NSS and the activities. The enrollment of new volunteers will start immediately after the Orientation Programme.

7. Declaration of Plastic Free Campus

Our NSS Unit works for a Specific Mission – Declaring Santhigiri Campus as a Plastic Free Campus. The arrangements will be made for this as per the advice of District Suchitwa Mission, Idukki. The declaration should be made in the month of January 2020.

8. Haritha Gramam Project and Health & Social Survey

As an initiative of Thodupuzha MLA, Sri. P.J Joseph, the NSS unit of Santhigiri College decided to execute the ‘Harithagramam Project’ in Purapuzha Panchayath. This programme consists of visiting all the houses in Purapuzha Panchayath by the NSS volunteers, for conducting a Health & Social Survey to know the present status and problems faced by the villagers. This survey will be conducted in the months of September and October 2019.

	<p><i>Along with this, we will conduct the programmes and activities instructed by the University NSS Office from time to time.</i></p>	
<p>ACTIVITIES ORGANISED:</p>	<p>1. Name of the event:</p> <p>Objective of the event :</p> <p>Chief Guests and Resource Persons:</p> <p>No. of participants:</p> <p>Summary Report:</p>	<p>Anti – Narcotic Seminar</p> <p>To create awareness among students regarding the effects and consequences of usage of drugs</p> <p>1. Chief Guest & Inaugural Address: Mrs. Aleykutty Mani (President, Purapuzha Panchayath)</p> <p>2. Keynote Address: Mr. G. Sunilkumar (Inspector of Police, Karimkunnam)</p> <p>3. Felicitation: Mrs. Bindhu Benny (Member, Purapuzha Panchayath)</p> <p>4. Class on ‘Drug abuse among Youth’: Mr. V.R Sinoj (Civil Excise Officer, Thodupuzha)</p> <p>100 students from different classes</p> <p>The programme was conducted on 19th June 2019, at 02.30 pm, started with an Inaugural function followed by a session on ‘Drug abuse among Youth’.</p> <p>The speeches aim to create awareness among students regarding the effects and consequences of usage of drugs. Also it was mentioned the rules and regulation, and possible punishments for handling, usage and supply of drugs.</p> <p>The programme was finished at 04.15 pm. The outcome of the Programme was that the students became aware of the effects and consequences of usage of drugs, and the rules and regulations regarding the handling, usage and supply of drugs.</p>
	<p>Photos:</p>	



2. Name of the event:

SeedFest 2019

Objective of the event :

To provide high quality organic vegetable seeds to the students for cultivation

Number of participants:

More than 500 persons (Students, Teachers and Non-teaching staff) have collected organic seed packets.


Summary Report:

In association with Purapuzha Krishi Bhavan, the NSS unit of Santhigiri College initiated another exclusive programme on 10th July 2019, named '*Seed Fest 2019*'. The volunteers distributed more than 600 packets of organic seeds to the students, faculty members and non-teaching staff at college.

Photos:

The programme was inaugurated by the Principal, Rev. Dr. Boby Antony CMI, by distributing the seed packet to the senior-most Faculty of Santhigiri College, Mrs. Cicilamma Perumpanani.



	<p>3. Name of the event:</p> <p>Objective of the event :</p> <p>Budget:</p> <p>Number of participants:</p> <p>Summary Report:</p> <p>Photos:</p>	<p>Santhidooth House Construction Mission</p> <p><i>(Salichechickoru Veedu)</i></p> <p>To construct a house for Mrs. Saly Sebastian (Non-teaching staff of Santhigiri College)</p> <p>Rs. 7,00,000</p> <p>More than 100 volunteers of NSS</p> <p>The final phase of the House Construction of Mrs. Saly Sebastian, as part of the Santhidooth Mission, initiated by Santhigiri College NSS unit, has done at Vallikkettu in Purapuzha Panchayath. The NSS volunteers and other students of Santhigiri College actively participated in the plastering and painting works of the home on Saturdays.</p>
		
	<p>4. Name of the event:</p> <p>Objective of the event :</p> <p>Number of participants:</p> <p>Summary Report:</p>	<p>Orientation Programme</p> <p>The acquaintance of new members with the objectives, ideology and functions of National Service Scheme.</p> <p>About 300 students from First year UG classes.</p> <p>For the purpose of the acquaintance of its new members with the organization, an Orientation programme was conducted by the NSS unit on 20th July 2019 under the leadership of the Programme Officers.</p>

		<p>To get the NSS volunteers familiar with the philosophy, history, aims and objectives of NSS, an exclusive session was dedicated to Orientation programme through classes, discussions, audio-visuals etc.. The session was led by Mr. Sebastian Cyriac (Ex-Programme Officer).</p>
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	<p>5. Name of the event:</p> <p>Objective of the event :</p> <p>Number of participants:</p> <p>Guests & External participants:</p> <p>Summary Report:</p> <p>Photos:</p>	<p>Key Handover Ceremony of Salichechi's house</p> <p>To handover the key of the newly constructed house to the house owner.</p> <p>200 students from different classes</p> <p>The entire family members of Mrs. Saly Sebastian and former students of Santhigiri College who have participated in the execution of the project.</p> <p>The Key Handover Ceremony was conducted on 25th July 2019. The Principal Rev. Dr. Boby Antony CMI presided over the function.</p> <p>The key was handed over by the Manager Fr. Mathew Kalappura CMI, in the presence of Vice Principal Fr. Jince Padinjarayil CMI, Programme Officers Mr. James Mathew and Ms. Elsa Bosco, other faculty members, volunteers and family members.</p>
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	<p>6. Name of the Event:</p> <p>Objectives of the event :</p> <p>Dates:</p> <p>Venue:</p> <p>Details of Guests and Resource Persons:</p>	<p style="text-align: center;">Suvarnam 2019</p> <p>(Seven Days Special Camp 2019 – 20)</p> <p>General Objective:</p> <p>Making education more relevant to the present situation to meet the felt needs of the communities and supplement the education of College students by bringing them face to face with the community situations.</p> <p>Specific Objectives:</p> <p>1) To conduct the house visits and Field survey as part of the ‘Harithagramam Project’.</p> <p>2) To assist the House construction work in an inaccessible area at Ambattukandam (near Vazhithala)</p> <p>07th to 13th September 2019</p> <p>St. Sebastian’s Higher Secondary School, Purapuzha</p> <p>1. Mr. P.J Joseph (MLA of Thodupuzha)</p> <p>2. Prof. M. J. Mathew (NSS Programme Coordinator, M.G University, Kottayam)</p> <p>3. Mrs. Aleykutty Mani (President, Purapuzha Grama Panchayath)</p> <p>4. Adv. Raneesh Mathew (Vice - President, Purapuzha Grama Panchayath)</p> <p>5. Mrs. Shanty Tomi (Standing Committee Chairperson, Purapuzha Grama Panchayath)</p> <p>6. Mr. Bilgy M. Thomas (Member, Purapuzha Grama Panchayath)</p>
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	<p>Number of participants:</p> <p>Camp Budget:</p>	<p>7. Mrs. Bindhu Benny (Member, Purapuzha Grama Panchayath)</p> <p>8. Mrs. Sini Jestin (Member, Purapuzha Grama Panchayath)</p> <p>9. Mr. Tomy Joseph (Principal, St. Sebastian's HSS, Purapuzha)</p> <p>10. Mr. Tom Kalapura (NSS Resource Person)</p> <p>89 students</p> <p>Rs. 55,000</p>
<p>Special Camp Report:</p>	<p>The annual camp of NSS Unit of Santhigiri College was conducted from 07th to 13th September 2019 at St. Sebastian's HSS, Purapuzha. The major objective of this year's camp was to conduct the activities of 'Harithagramam Project', an initiative of Santhigiri College NSS unit, guided by Mr. P.J Joseph MLA.</p> <p>The volunteers started from the college at 05.00 pm on 07th September 2019 Saturday and reached the Camp venue 05.15 pm. After the initial preparations, the camp started with an informal meeting of all the participants at 06.00 pm. The Programme Officers given instructions to the camp members and an orientation was given to them about the activities for the coming days. Further to that, the volunteers were divided into 7 groups which made them realize the importance and use of leadership and team work.</p> <p>The Inaugural ceremony of the Seven days camp was conducted at 10.00 am on 08th September at the Camp venue. Mr. P.J. Joseph (MLA of Thodupuzha) inaugurated the Annual camp. The Principal of Santhigiri College Rev. Dr. Boby Antony CMI presided over the meeting. The Keynote Address was delivered by Prof. M.J. Mathew (NSS Programme Coordinator of M.G. University). The Welcome Speech was facilitated by Mr. James Mathew (Programme Officer) and Mr. Nithin A.S (Volunteer Secretary) delivered the Vote of Thanks. Mrs. Aleykutty Mani (President, Purapuzha Panchayath) and Mr. Tomi Joseph (Principal, St. Sebastian's HSS, Purapuzha) also joined in the meeting for felicitation.</p> <p>The second phase of 'Harithagramam Project', in association with Purapuzha Grama Panchayath, was conducted on 09th and 10th September. This consisted of visiting all the houses in 2nd and 7th wards of Purapuzha Panchayat for conducting a survey and awareness program. Sri. P. J. Joseph MLA, Smt. Aleykutty Mani (Panchayat President), Adv. Raneesh Mathew (Panchayat Vice President), Ward members and Kudumbasree members were also participated in the program along with our volunteers in different places. The volunteers covered more than 500 houses for this program during the camp period.</p> <p>Another highlight of the Camp activities was assisting a House Construction work in an inaccessible area at Ambattukandam. The volunteers of the camp did an</p>	

appreciable effort of carrying 1300 numbers of concrete bricks to the construction site. It was also conducted in two days.

Along with this, various sessions of the Resource persons and special invitees, cultural events, Onam celebrations and cleaning programmes were also conducted in the camp. Each night in the camp was filled with cultural programs prepared and presented by each group. Aunty and Uncle of the camp have always been a surprise to the volunteers. The camp went to sleep only after thanking Almighty God for all the blessings of the day.

The annual camp of the Santhigiri College NSS unit gifted the volunteers a wonderful experience with everlasting memories. The camp helped them to be socially committed and responsible to the needs of the society.

Special Camp Photos

Camp Inauguration:



Harithagramam Project:



House Construction:



ACTIVITIES ORGANISED:

(Continue..)

7. Name of the event:

Objective of the event :

Date & Venue:

Guests & Resource persons:

Summary Report:

A workshop on ‘Ecopreneurship in Students’

To provide an Orientation to the students about the concept of Ecopreneurship and its practical implications in our society

03rd October 2019; Seminar Hall, SIM

1. Mr. P.J Joseph (MLA of Thodupuzha)
2. Mrs. Aleykutty Mani (President, Purapuzha Grama Panchayath)
3. Adv. Raneesh Mathew (Vice - President, Purapuzha Grama Panchayath)
4. Mr. Sajeev Vijayan (Founder & Chairman, Green Living School)

As a follow up to the activities conducted as part of the ‘Harithagramam Project’ during the NSS camp, a workshop on ‘Ecopreneurship in Students’ has been conducted at Santhigiri College on 03rd October 2019.

The Inaugural function started at 03.00 pm at Seminar Hall. Mr. P.J. Joseph (MLA of Thodupuzha) inaugurated the

Workshop and Principal Rev. Dr. Bobby Antony CMI presided over the function.

The main session started at 03.30 pm, which was conducted by Mr. Sajeed Vijayan (Founder & Chairman of Green Living School). During the session, he explained the various methods of Liquid Waste Management which can be adopted at houses in a natural way. He also mentioned the importance of developing an initiative among the youngsters on these aspects of Waste Management. The programme was finished at 04.30 pm.

Photos:



	<p>8. Name of the event:</p> <p>Objective of the event :</p> <p>Date & Venue:</p> <p>Guests & Resource person:</p> <p>Summary Report:</p> <p>Photos:</p>	<p style="text-align: center;">Shudhigram 2019</p> <p style="text-align: center;">(A Training Programme on ‘Bio-Waste Management’ – organized in association with Dept. of Social work)</p> <p>A follow-up programme of the ‘Ecopreneurship workshop’. It aims to provide ‘Training to the trainers’.</p> <p>22nd October 2019; Seminar Hall, SIM</p> <p>1) Mrs. Aleykutty Mani (President, Purapuzha Grama Panchayath)</p> <p>2) Mr. Sajeev Vijayan (Founder & Chairman, Green Living School)</p> <p>On the 22nd October 2019 a training programme is imparted to the Panchayath representatives and 85 students of Santhigiri College (57 MSW students and 50 first year NSS volunteers). The training is conducted by Mr. Saajeev Vijayan, Founder and Chairman of Green Living School.</p> <p>This involved both practical and theoretical aspects of environment friendly bio Waste management and non-bio degradable waste (Plastic, glass, leather, electronic etc) segregation at source. The training programme aimed to equip the attendees to impart practical training programme on Waste Management at source for the residents of Purapuzha Panchayath.</p>
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Supporting Documents:

1. NSS Camp Notice (2019 - 20)

2. Proposal Document for implementing Bio- Waste Management Programme at Purapuzha Grama Panchayath

SHUDHIGRAM 2019

Proposal Document

Name

Purapuzha is currently implementing the Haritha Kerala Project under the umbrella of Haritha Gramam which is a project aimed at promoting eco friendliness. However there is a gap in people being able to manage their waste, both bio-degradable and non-biodegradable, at source.

At this juncture our honourable MLA Shri. PJ Joseph has envisioned uplifting Purapuzha Grama panchayath to pioneer an at source waste management programme and thereby bringing in a sustainable model of a waste management programme for Kerala and India as a whole.

It is decided by Shri. PJ Joseph and Purapuzha Grama Panchayath Governance Team that a model of the proposed plan will be implemented initially in Ward 3, consisting of 250 households, of the Purapuzha Panchayath immediately within the next one month and it is envisioned to be then rolled out to the rest of the Panchayath over the next year. It is proposed that Purapuzha Grama Panchayat will be providing bio waste management equipment to all the households in Purapuzha Panchayat commencing with Ward 3 to start off Shudhigram 2019-20.

Under this premise, Santhigiri College is privileged to partner with Mr. P.J Joseph, honourable MLA and Purapuzha Gramapanchayath Governing body to support this cause and hereby propose the following action plan.

1. Clustering of 3rd Ward Households with immediate effect

It is proposed that the Ward 3 of Purapuzha Panchayat is clustered into 10 clusters of 25 houses each and a representative of each cluster to attend the training programme on 22nd October 2019. This activity is to be coordinated by the Panchayat Governance Team with **immediate effect**.

NOTE: Panchayath members to identify and ensure the participation of the cluster representatives.

2. Training Programme

On the 22nd October 2019 a training programme is being imparted to the Panchayath members, 85 students of Santhigiri College (57 MSW students and 50 first year NSS volunteers) and 10 selected residents from each cluster. The training is conducted by Mr. Saajeev Vijayan, Founder and Chairman of Green Living School. This will involve both practical and theoretical aspects of environment friendly bio Waste management and non-bio degradable waste (Plastic, glass, leather, electronic etc) segregation at source. The training programme is aimed to equip the attendees to impart practical training

	<p>programme on Waste Management at source for the residents of Purapuzha Panchayath.</p> <p><u>NOTE:</u> Santhigiri College will provide the venue for the training programme.</p> <p>3. Training at Cluster Level in Ward 3 Once the Cluster is identified by the panchayat and a household selected from each cluster to lead the model. The Student trainers will impart the training to ward 3 <u>within the next two weeks</u> on a cluster wise basis with the lead household.</p> <p><u>The Panchayath has to ensure that Haritha Karma Sena will accompany the trainer Students to each cluster and thereby to each household and students will ensure the training of the houses in the 10 clusters of the 3rd ward in Purapuzha Panchayath.</u></p> <p>The representatives of the clusters to initiate working models of the waste management units and to pioneer the rolling out of the waste management at source programme. Note: Students of Santhigiri will further support the 10 representatives from each cluster by training them at the implementation of the waste management units, post its installation by the household / Panchayath.</p> <p>3. Monitoring of the Clusters</p> <p>Students of Santhigiri will further support the initiative by monitoring the implemented units on a cluster wise basis amounting to two visits in a month until end of February 2020.</p> <p>4. The roll out of the model to the rest of the Panchayat within the next one year Requirements</p> <ol style="list-style-type: none"> 1. Purapuzha Grama Panchayat Governance Team has to provide clarity on frequency, method and provisions for non-biodegradable waste collection. 2. The time line proposed has to be strictly followed as students have time constraints detailed by the university due to examinations and academic requirements. <p>Suggestions:</p> <ol style="list-style-type: none"> 1. Developing a computer application for monitoring the success of the programme in the implemented houses which will provide the stakeholders an understanding of effectiveness of the programme 2. Provide sustainable segregated bins for the collection in each household for non degradable waste (plastic, electronic, glass). As it is felt that people will be deterred to store non-biodegradable waste in sacks especially during raining season. <p>A coordinator to be employed by the Purapuzha GramaPanchayat Governance Team to oversee the implementation of the project over the next year.</p>
<p>National Level Participation:</p>	<p>Ms. Juby Jackson (S4 BCA) has been selected for participating in the ‘National Integration Camp’ this year. She participated in the NIC at Marian College, Kuttickanam, from 21st to 27th February 2020 by representing M.G University NSS and Regional Directorate of Kerala & Lakshadweep.</p>

Deficiency Report:	Shortage of time due to the academic requirements and Inconsistency in the University exam schedules leads to the cancellation of certain programmes from the original planning.
Suggestions for future:	<ol style="list-style-type: none"> 1. NSS Advisory Committee can be formed and the meetings should be conducted on a periodical basis. 2. More emphasis is to be provided to the Regular activities.

Prepared and Submitted by

Mr. James Mathew

Ms. Elsa Bosco

(Programme Officers)

NB: 1. Online Training (iGOT Platform) for NSS Volunteers to fight against Covid – 19

2. Making of Face mask by the volunteers

3. ‘Arogya Sethu App’ is to be downloaded.

BA Animation – 2015 – 16	2016 – 17	2017 – 18	2018 – 19	2019 - 20
4	8	12	3	Nil

iGot.gov (Integrated Govt. online Training)

nss.mgu.ac.in

nss.gov.in

Certificate course to the students (Open course)

- Student Social Responsibility
- Campus – Community Partnership
- Volunteerism and Social Commitment of Student community
- Personality Development through Social service

General :

1. Career Planning and Human Resource Development -

To create awareness about the ways and means of effective Career planning; It also covers the different methods of training and development in an organisation

2. Management perspective of volunteerism –

To gather knowledge about the concept of Volunteer Management and its application in the real life situations

Specific :

1. Organisational Interaction and Stress Management -

To give the students a general understanding about the interpersonal and group interactions in the organizations, and the effective ways of handling Workplace stress

2. Advertising Media & Client Relations –

To create an understanding about the scope of different media of advertising and the various aspects of maintaining effective client relations